



The Centre For Positive Behaviour Support

INFORMATION BOOKLET

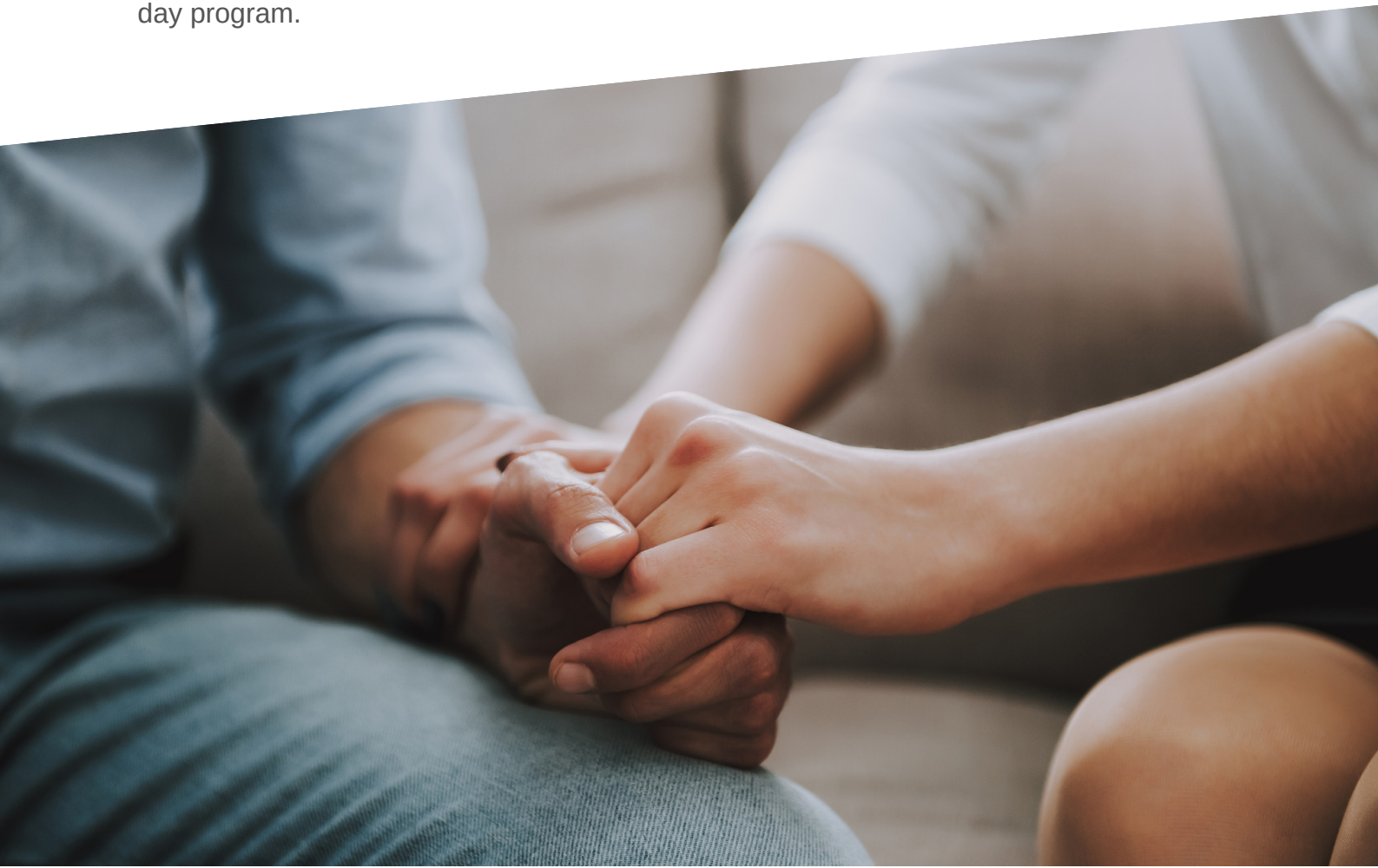


OUR PHILOSOPHY

At the Centre for Positive Behaviour Support (CPBS), we believe in a person-centred approach which means we tailor our programs to the unique needs of the person. We do not expect the person to conform to a pre-set structured program. We use a strengths-based approach when designing individualised programs. CPBS has teams that can not only assess, design and create individualised behaviour support plans, we also have a team that can support implementation of the plan to ensure that the program is effective.

Our support services are based on a framework called Multi-Element Behaviour Support (MEBS). The MEBS framework and its principles help our clinical teams create powerhouse programs that enhance the learning and development of the people we support. This framework and our support models help us deliver services that are consistently person-centred, giving the focus person, their families, and networks of support tailored and holistic support.

CPBS' specialised clinical framework includes non-linear behavioural assessments, the development of a plan that meets individual needs, training, implementation, ongoing data collection and evaluation, and troubleshooting. And our support services take place in the person's preferred and typical environment such as the home, school, workplace or day program.



OUR APPROACH

People are happiest when engaged, having fun and feeling successful. At CPBS, we look past the behaviour and design programs to develop the individual's strengths, build support networks and make strong, lasting relationships. Everyone deserves support and the ability to access the opportunities that are available to them.

SPECIALIST SUPPORT AREAS

- Anxiety, Self Injury, Aggression
- Eating, Sleeping, Toileting Issues
- Early Intervention Autism, Intellectual Disability
- Trauma, Coping with Change/Loss, Building Relationships
- Play and Social Skills, Increasing Verbal Behaviour
- Life, General and Coping Skills Development

SPECIALIST SUPPORT SERVICES

- Family, Child and Adult Services
- Family Support Mindfulness Services
- Intensive PBS Support and Practices Training
- Parent Education
- Adaptive Skills Training
- Person Centered Behaviour Support
- Assessment and Support
- Psychoeducational Assessment and Psychological Evaluation



OUR APPROACH

Support services shouldn't be stressful. We work collaboratively with the person and their support network to provide support that maximises outcomes and improves everyone's quality of life. At CPBS we believe that each person is the expert in their own life and that their closest relationships are a person's greatest strength. We incorporate family and carers into support from planning all the way through implementation, training and evaluation.

Relying on evidence-based practices, at CPBS we develop programs to fit the person, not the other way around. This is fundamental to our Multi-Element Behaviour Support framework. While it's essential to have a data-driven structured approach, our focus is on relationships and the quality of interactions, not just "drills". In order to do this, we leverage each person's strengths to guide our teaching methodologies. We ultimately strive to create an enjoyable experience and encourage enthusiasm for learning in every person we work with.

We look forward to working with you and your family and creating an enriching, engaging and goal-oriented experience together.



LET'S GET STARTED!

Our teams consist of many qualified and diverse industry professionals that are ready to support you and your family including: **Board Certified Behaviour Analysts (BCBA), Registered Psychologists, Registered Behaviour Technicians and Registered Behaviour Support Practitioners.**

OUR LOCATIONS

- Greater Sydney, Illawarra Region and Newcastle
- Greater Melbourne and Geelong
- Greater Canberra
- Greater Adelaide
- Greater Brisbane and Gold Coast Region
- Wide Bay/Fraser Coast
- Alice Springs
- MNC, FNC and South Coast NSW

CONTACT US TODAY

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